



resourcing inclusive communities

An initiative of Family Advocacy



SEVEN...STEPS TO SELF...DIRECTION

Building right relationship between people with disability, their families, friends and support workers

Support can be complex with lots of people involved.
How can all these people work together well and ensure
the person with disability lives the life he or she wants?

Come to the workshop and ground yourself in seven
steps to make it work.

You will learn how to:

- ensure the person with disability is at the centre of everything
- keep important matters a priority
- recruit staff who are a good match with the person
- problem solve and deal with difficult issues in an effective way
- build trust and resilience over time.

Attend and receive a free workbook!

Wollongong
West Ryde
Newcastle

Tuesday 19 February 2019
Wednesday 20 February 2019
Thursday 21 February 2019



City Diggers Club
Ryde – Eastwood Leagues
Souths Merewether

All workshops from 9:00 AM till 4:00 PM

FREE for people with disability, their family, friends and support workers.
\$50 for professionals.

register now at: ric.org.au/events or call 1800 774 764

We encourage people to attend with their support team; including family, friends and paid support workers. Come along together as an important team building exercise!

Meet the Presenter

Sharon Bourke

Sharon is a Professional Development Consultant. During her career she has managed individualised support agencies, worked in advocacy, presented workshops and assisted with planning with people who have a disability and their families. She has also represented families on advisory committees to government on a range of issues, including inclusive education, quality service approaches and family support.

Sharon believes her most significant learning began 32 years ago when her first son was born with significant disabilities. Her children's life journeys and their challenges continue to be an inspiration.

Sharon, in partnership with her youngest son Dan, have chosen to self manage support funds, so that he can have the best life possible. Sharon believes self direction and self management can provide people with more flexible options and opportunities to find creative ways of living real lives. Great lives happen when people have valued roles and strong connections to their communities and neighbourhoods.



Family Advocacy is an independent and impartial advocacy organisation that works with families across NSW to promote and defend the rights and interests of people who have developmental disability*. Our aim is to achieve positive social roles for people with disability through the development of advocacy by families and by strengthening the knowledge, role and influence of the family.

Resourcing Inclusive Communities is an initiative of Family Advocacy that works with families who have a family member with developmental disability*. We provide information, ideas and resources about developing a positive vision, building informal supports, establishing networks, creating community connections and self-directing supports.

* Developmental disability includes but is not limited to: autism, intellectual disability, cerebral palsy, spina bifida and multiple disability.

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